

Press Release

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# Skyterra Wellness to Host Exclusive Wellness Retreat in Anticipation of The Great American Solar Eclipse

NC, USA - Skyterra Wellness Retreat officially extends a welcoming hand to those wishing to revitalize their minds, bodies, and souls - to tune out stresses of the hectic daily routine. The diligent team of professionals at Skyterra have made preparations for the upcoming Great American Eclipse in the heart of the Western North Carolina Mountains. This rare celestial solar event hasn't been visible within the continental United States since June 8<sup>th</sup>, 1918. For anyone looking to experience this rare event and learn inspirational life lessons alongside the professional support of experts, Skyterra's upcoming official Solar Eclipse Retreat in August 2017 is the perfect once-in-a-lifetime opportunity.










Early bird access, booking details, and general inquiry information available immediately at: <https://www.skyterrawellness.com/events/total-eclipse-brevard/>

Skyterra Wellness Retreat & Weight Loss Spa is the culmination of various services including weight loss, yoga, stress management tips, nutrition, and fitness guides etc. The company offers retreat services to groups and individuals who have been struggling to find balance and harmony in their personal and professional lives. Often times, people get so overwhelmed and agitated with daily life rituals that their own wellness and personal living standards are compromised.

To help such individuals, Skyterra hosts retreat events in the beautiful mountains of Western North Carolina, where participants can focus on positive lifestyle changes, meditation, mindset programming, stress management, and fitness. Skyterra's wellness retreats have already made an impact on people who've had the distinct pleasure of joining prior events.

First time visitors at the official Skyterra Wellness Retreat website can look forward to events, such as but not limited to:

- **Weight Loss & Fitness Retreat Programs:** These programs are specifically designed to mentor & guide Skyterra guests towards healthy living. The coaching sessions integrate rigorous exercise circuits and diet regimes in a very friendly and peaceful environment to help induce maximum positive effects.
- **Yoga Retreats:** Skyterra's meditation and yoga experts teach guests about the power of yoga to help maintain a strong connection between body and mind. These advanced group sessions are designed to help relieve mind, body, and soul of intoxicating habits that reportedly cause prolonged stress, depression and anxiety.

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On August 21, 2017 Skyterra will be hosting an exclusive retreat in anticipation of the Great American Eclipse. The serene event can be booked in advance and includes professional guidance on nutrition, fitness, weight loss, stress management, motivational, and awe inspiring views of this solar eclipse that will help reshape lives long after post-retreat follow ups.

For more details concerning venue, registration fee, and full range of Skyterra retreat services, log on to <https://www.skyterrawellness.com/> immediately.

"We are excited to be in the direct path of this once in a lifetime event and are grateful for the opportunity to share this experience with our guests. It is truly a moment in time to reflex and enjoy the wonders of nature." Said Founder of Skyterra Wellness Retreat, Sue Crowell

**About Skyterra Wellness Retreat & Weight Loss Spa:**

Designed and developed through a ground-up approach, Skyterra Wellness Retreat offers guests an escape to a stress free remote environment. Since its inception, the company has overlooked a variety of events, training sessions, and workshops at vacation areas to help individuals with their lifelong struggles with weight loss, wellbeing, and an overall passive lifestyle.

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